



Year 11 Personal Development – Unit 1



Key Question: how can I prepare to flourish in my life after school? What Post-16 education is right for me?

Unit Overview:

Lesson	Threshold Statements
What is Personal Development?	- Describe what personal development is - Explore what you will be learning in PD this year - Identify how to create a safe classroom for discussion
Is an Apprenticeship for me?	- Describe what is meant by post-16 Options and what an apprenticeship is - Explain different types of apprenticeships - Explore routes into apprenticeships and future careers
Is University for me?	An assembly from Newcastle University
Is College for me?	An assembly from Gateshead College
Is College for me?	An assembly from Newcastle College
Is 6 th form for me?	An assembly from the associated 6th form
How and when do I apply for my post-16 option?	- Describe what an application is - Explain how to apply for various post-16 options - Identify key strengths to include in an application

Tier 3 Key Vocabulary:

Key Word	Icon	Definition
Personal Development		Developing every student in their unique character, so they understand and value themselves as individuals who are gifted for a purpose.
Post-16 Options		The options you can choose from to continue your education after GCSEs.
Degree		an academic qualification from a university that follows 6 th form and serves as the first level of post-secondary education.
Apprenticeship		An apprenticeship is a real, paid job where you learn on the job while working towards a formal qualification
A-Level		a qualification in a specific subject typically taken by school students aged 16–18, at a level above GCSE.



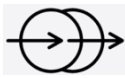
Year 11 Personal Development – Unit 2 – Character Education

Key Question: how can I best prepare for adult life? Developing emotional resilience and avoiding harmful behaviours or situations.

Unit Overview:

Lesson	Threshold Statements
Let's talk about mental health	• What is mental health? • Discuss the pressures of transitioning to young adulthood and how this can impact mental health • Explore ways you can be looking after your mental health
Toxic masculinity: what do we all need to know?	• Describe what toxic masculinity is • Understand why education on this topic is important • Discuss ways to reduce toxic masculinity
Let's talk about gambling	• Describe the law around gambling • Understand the law around gambling • Identify ways to prevent addiction
A talk from Taylor: aerospace engineering	• An assembly from an ex-Grace College students, Taylor Bingham, about his degree apprenticeship in aerospace engineering
Why should we talk about grief?	• Define what grief is • Understand why it is so important to talk about grief • Discuss ways to process and deal with grief
Let's talk about break ups: how to mend or end relationships well	• Describe different types of break ups • Understand the importance of managing challenges in relationships • Identify ways to mend or end a relationship well
Pre-Driver programme	• A lesson from Tyne and Wear Fire Service on being road safe and preparing for driving

Tier 3 Key Vocabulary:

Key Word	Icon	Definition
Mental Health		The state of your emotional, mental, and social well-being, and it affects how we think, feel, and act. We all have mental health.
Toxic Masculinity		The harmful social and cultural pressure on men and boys to conform to exaggerated, traditional masculine stereotypes, such as suppressing emotions, displaying dominance, and avoiding perceived "feminine" traits
Addiction		The act of being addicted to a substance or habit, so that you are not able to stop even if you want to. Addiction is widely considered to be a disease.
Grief		An intense feeling of sorrow and sadness, often caused by someone's death or the loss of someone
Transition		Moving from one stage of life to another.



Year 11 Personal Development – Unit 3 – Rights and Responsibilities

Key Question: how do my rights and responsibilities change when I turn 16? What do I need to know?

Unit Overview:

Lesson	Threshold Statements
Lowering the voting age: what will it mean for me?	• Understand what the voting age is • Explain what democracy is • Identify arguments for and against lowering the voting age
What is happening in national politics?	• Understand what the four main political parties are • Explain the current shift happening with political parties • Decide which political party aligns with your political views
How do I apply for a job?	• Identify different ways to apply for a job • Understand how to write a good application and to prepare for an interview
How do I manage my money?	• Understand what financial literacy is • Explore ways to manage your money independently
How can the internet and AI help with my future?	• Identify different ways you already use the internet and AI • Understand why it is important to have a positive online presence • Explore ways you can use AI to benefit you and your future
Drugs and alcohol – understanding the law	• Understand the law around drugs and alcohol • Understand how to stay safe around drugs and alcohol • Understand the consequences if the law around drugs and alcohol is not followed

Tier 3 Key Vocabulary:

Key Word	Icon	Definition
Democracy		'Rule by the people'. An example of this is any system of government in which people vote their elected representatives into parliament. Democracy is one of the British Values
Election		A time when people vote in order to choose someone for a political or official job
Political Party		A group of people with shared political ideas who seek to gain and maintain political power to implement their agenda through government
Application		A formal request to be considered for a position or to be allowed to do or have something
Financial Literacy		The knowledge and ability to manage money effectively to achieve financial well-being and security
Artificial Intelligence		Referring to computer systems performing tasks needing human intelligence